



April/May 2023

2022-2024 Biennium

Zonta Club of Central Oklahoma

Heartland Exprezz

Central Oklahoma Presents Annual Service Awards

The Zonta Club of Central Oklahoma presented their annual Service moneys to six like-minded organizations at our May meeting. Organizations receiving funds were Cardinal Point – Kristie Chandler, Chief Executive Officer; Dragonfly Home – Melissa Eick, Co-Founder & Director of Communications and Development and Jessica Medina – Fundraising Coordinator; Neighborhood Services

BUILD A BETTER WORLD FOR WOMEN AND GIRLS

Organization – Brittni Kelly, Development & Community Outreach Manager; Oklahoma Project Woman - Valerie Aubert, Development Director; Period OKC – Linley Smith, Director – Attending on Zoom; and YWCA OKC – Jan Peery, Chief Executive Officer. Club members were proud to present the highest total in service moneys in club history, thanks to our very proactive Ways and Means and Service Committees. Photos of presentations are located on page 2.

Zonta International is a leading global organization of professionals empowering women worldwide through service and advocacy.

www.zonta.org www.zontadistrict10.org www.zontacentralok.org



ZONTA
CLUB OF
CENTRAL OKLAHOMA

Annual Service Funds Presentations



L-R, top to bottom, Pres Elaine Dockray presented checks to Christie Chandler, Cardinal Point; Melissa Eick, Dragonfly Home, Brittney Kelly, Neighborhood Services Organization; Valerie Aubert, Oklahoma Project Woman; and Jan Peery, YWCA OKC. Also receiving funds was Linley Smith, Period OKC, who attended via Zoom. Congratulations to all our recipients. We know you will build a better world for women and girls

April Meeting

April's Business Meeting showcased our committees' accomplishments this Zonta Year! All our committees had so many achievements and produced a great year! Thanks to our terrific club members and committee chairs! Pictured below, left to right, Heather Hollen, Stephanie Wilson, and Marcia Walker—chairs of Scholarship, Membership and Service respectively.

In the photo at the bottom, we took the opportunity to cheer Pres Elect Stephanie Wilson as she progresses on her health journey, and cheer electronically Charter Member LouAnna Munkres as she progresses on her health journey. We are all Zontians supporting each other and we treasure our friendships together as we share our Zonta journey.





Central Oklahoma Zontians,

June 1 marked the beginning of a new Zonta year. We accomplished so much in the last Zonta year, and I am excited to see what wonderful accomplishments lay in store for us in this new year.

I think the beginning of each new year is a good time for each of us to reflect on our personal "Zonta Why". In other words, what drew you to Zonta in the first place and what makes you proud to continue to call yourself a Zontian.

Our committees will be meeting soon to determine goals, action plans, and budgets for this Zonta year. The committees are the backbone of our club and where most of the work gets accomplished. Your committees need you in order to be as successful as possible. I encourage you to be involved in your chosen committees as much as you can.

I am looking forward to another great year and know we will continue to be a vibrant club that is helping to build a better world for women and girls! Elaine

P.S. So proud of our club's hard work during our May Women Build project! See photo below and more photos on pages 3-5.





Habitat for Humanity Women Build



We enjoyed our Habitat for Humanity Women's Build on May 22. We had a beautiful sunny day and accomplished a lot for a great cause! It is always rewarding to know we are helping a woman gain the independence that can come with home ownership.





Habitat for Humanity Women Build





Habitat for Humanity Women Build





Welcome to our newest members! Above, Pres Elaine Dockray, Detra McCurdy, Etola Reyes, and Emily Eichel and Pres Elect Stephanie Wilson. Pictured left Soheila Bozorgi centered between Pres Elaine Dockray and Pres Elect Stephanie Wilson! So glad you joined us!

Cathy has a system for finishing tasks on time, and getting the highest priority requirements handled. She uses lists to full advantage, a technique that also tends to banish worry concerning pending work. Her paper by the bed keeps thoughts of open action items from affecting sound sleep. Of course, there is also the satisfaction of destroying the completed list.

Cathy raised her daughter, who is Cathy's pride and joy. Cathy's occupation is Doctor of Pharmacy. Her varied Pharmacy career has included responsibilities in long term care facilities, pharmaceutical sales, a psychology center, prior authorization, geriatric homes, and more. Being a Doctor of Pharmacy took her to job sites throughout Oklahoma and in Arkansas.

Deanna Shackleford, a friend from work, explained to Cathy the opportunities in Zonta. Cathy highly respects Deanna due to Deanna's skill at caring for, and connecting with, her clients. With Deanna's strong character. Cathy saw how an organization Deanna is involved in is worthwhile. Cathy wanted to be involved with a women's support group that encourages women's professional growth and networking. "Just Say No" is a program which has Cathy's enthusiasm. When Cathy learned about Zonta work with the United Nations, Cathy was ready to join. The outstanding, impactful Zonta activities, including Habitat for Humanity and local projects, were reasons Cathy stayed.

International and USA travel are interests of Cathy's. Cathy recently went to New York. She and her daughter have been to England, Scotland, Italy, Austria, France, Iceland, Hawaii, Canada, and Mexico. Next, they will make a 12-day trip to Ireland, and it is coming right up. Cathy looks forward to going to Ireland's Trinity College to see the Book of Kells, a highly illustrated, Christian book with art and scroll work done by the Monks in the 800's. Many of Cathy's trips are with tour groups, and she makes time for concerts and plays.

Good books and libraries are a focus of Cathy's life. She especially likes books "Gifts from the Sea" by Anne Morrow Lindbergh for its positivity, and "The Thinking Life" by P.M. Forni, on how to live in the age of distraction.

Cathy, your joyful personality, tenderness, and ability to make things happen are admirable.





It's Tournament Time!

by Connie Davis

The Zonta Club of Central Oklahoma is proud to conduct our sixteenth golf tournament on September 29th, 2023. Last year's tournament was our most successful ever – raising more than \$21,000! That is a lot of funds that will go toward building a better world for women and girls on an international and local level through service projects with like-minded organizations and educational awards.

This year we hope to field 33 teams and offer a variety of chances to win big prizes for a "hole in one" shot. One of the perks of a Central Oklahoma Golf Tournament is that every golfer will leave with a door prize – no one goes home empty handed!

Golfers will also have an opportunity to win a variety of raffles and will compete for coveted prizes in first, second and third place.

Central Oklahoma's Golf Tournament remains successful because we have a lot of returning sponsors and golfers year after year who are thrilled to support an organization that is working to empower women.

Dedicated Zontian volunteers are a key to this success as well. Central Oklahoma Zontian volunteers show up in force every year, ready to greet our golfers and ensure they have a wonderful golfing experience. As in any successful club endeavor – it takes all of us to recruit golfers, sponsors, prize donations and to set up and work the tournament. The tournament is executed in one day, but it takes a year long effort of planning and recruiting to make it successful. Thank you, Central Oklahoma Zontians, for your hard work and dedication to making our Golf Tournament successful this year and every year!



**16th Annual
Zonta Fall Classic
Golf Tournament**
Friday, September 29, 2023
FireLake Golf Course
1901 Gordon Cooper Dr, Shawnee OK, 74801

4 Person Scramble
12:00 p.m. Shotgun Start
Check-in & lunch begins at 10:30 am

\$100 per person / \$400.00 per team
(includes green fees, cart, lunch, post play food,
Dixon Challenge (Golf Digest free for 1 year, tees, & HIO shot),
door prize & goodie bag for every golfer, 3 HIO shots)
Registration & Payment by September 8, 2023
Appropriate Golf Attire Required

To Register Contact: Angie Weaver (405) 620-1608
zontagolf@zontacentralok.org

Or Recruiting Member: _____
Debit / Credit Cards Accepted
Make checks payable to Zonta Club of Central OK Foundation, Inc.
Fee constitutes charitable contribution of \$25



**1st, 2nd, & 3rd, Place
Tournament Prizes!**

**\$10k Hole In One
Shopping Spree
Sponsored By
BC Clark
JEWELERS**

**Great Door
Prizes!**



**FIRELAKE
GOLF COURSE**

**\$10k Hole In One
Sponsored By
TFCU
Timber Federal Credit Union**

**Hole In One
Golf Clubs
Sponsored By
GOLF
USA**

**ZONTA
CLUB OF
CENTRAL OKLAHOMA**
MEMBER OF ZONTA INTERNATIONAL
BUILD A BETTER WORLD
FOR WOMEN AND GIRLS

Building a Better World for Women and Girls

Dear Zontians,

We are about halfway through the 2022-2024 Biennium, and I can truly say that we all have contributed greatly to building a better world for women and girls.

Our Biennial Goals, which were approved by you at the 2022 Convention in Hamburg, Germany, urged all Zontians to create a world where women's rights are human rights. As you read ahead about our achievements, please know that our success would not have been possible without your unwavering support.

Let us continue to work together and strive for even greater progress in the coming year. Thank you for your dedication to our shared vision of a world where women and girls can thrive. I cannot wait to celebrate all of this biennium's achievements with you in Brisbane in 2024!

Warm Regards,



Ute Scholz

President 2022-2024

Zonta International and the Zonta Foundation for Women

Mark Your Calendars - D10 Conference in October

Now is the time to start planning to attend the District 10 Conference Oct 19-21. This is a great way to see your friends from other clubs and make new ones. Governor Connie Davis will provide all the latest updates from Zonta International and the district, and Lt Governor Shelley Baumgartner will give us the latest information on membership. Of course, we will witness our marvelous flag parade, enjoy Status of Women and Amelia Earhart luncheons, witness and congratulate club awards, and meet our Zonta International Liaison Sandra Venn Brown. Mark your calendar and look forward to a great time as we build a better world for women and girls!

Club Corner

...all the latest club happenings!

Members In Need

Debbie Miller (Her Health)
Naila Gutierrez (Her Health)
LouAnna Munkres (Her Health)
Jackie Peters (Mother's Health)
Stephanie Wilson (Her Health)

Zonta Club of Central Oklahoma

District 10, Area 1

Club Number 1105

Chartered February 1985

President: Elaine Dockray

Email: President@Zontacentralok.org

Editor: Judy Kautz

Email: newsletter@Zontacentralok.org

Meetings third Tuesday of each
month — 6:00 PM

Rose State College

Jeanne Webb Student Union
Room 213A

Significant Events

20 June – Business Meeting, Rose State

30 June – 2 July – North American Inter-District, Indianapolis

12 July – Board Meeting, Elaine's House

29 July – Summer Social, First Americans Museum

29 September – Golf Tournament, Firelake Golf Course, Shawnee

20 – 21 October – District 10 Conference, Houston, TX



Member Birthdays

June Birthdays

Angie Weaver (28th)

July Birthdays

Yona Atwood (3rd)

Janis Wood (16th)

Sally Phelps (25th)



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For More Information Check out the Central Oklahoma website to learn about membership and the organization. The address is www.zontacentralok.org